

IS IT REALLY THAT GOOD?

Linda Brault has presented these workshops to appreciative capacity audiences in Arizona, California, Illinois, Louisiana, New York, North Carolina, Tennessee, and Virginia. Here is just a sample of what her audiences have to say:

“The book is terrific and the session had so many great examples and simple strategies I can use right now! I can’t wait to dig in to the resources.”

“These two days (general session and ToT) were very inspiring! The materials are easy to follow and I have already made plans to follow-up with my staff.”

“This is one of the best trainings I have been to in a long time. There were so many practical ways to improve. I am motivated to become a better teacher.”

ABOUT THE PRESENTER



Linda Brault directs several statewide training projects in collaboration with the Child Development Division of the California Department of Education and First 5 California. Linda has also been an instructor in Child Development at MiraCosta and Palomar Community Colleges.

Prior to directing projects, Linda was an early childhood special education teacher for more than 18 years. Linda received two Bachelor degrees from the University of the Pacific — one in music therapy and one in psychology. She received her M.A. in special education from CSU Dominguez Hills and holds an Early Intervention Graduate Certificate from San

Diego State University. Linda holds board positions in several professional organizations and is actively involved.

Linda is passionate about inclusion of children with special needs into child care settings, in part because she is the parent of children with special needs. Linda has published articles and books on challenging behavior, best practices, inclusion, transition, and parenting experiences. She is an engaging and sought-after speaker on the topics of young children with challenging behaviors, inclusion of young children, legal requirements in early intervention/early childhood special education, and transition between early intervention and special education.

To arrange a training session, contact Linda Brault via email at challengingbehavior@hotmail.com.

A list of other available workshop titles and descriptions available upon request.

REFLECTING ON CHALLENGING BEHAVIOR IN YOUNG CHILDREN



Presentations and Workshops by **Linda Brault**

Based on her book

*Children with Challenging Behavior:
Strategies for Reflective Thinking*

Insights and strategies for success for early educators of all kinds:

- *Preschool teachers*
- *Family child care providers*
- *Child care staff*
- *Head Start staff*
- *Kindergarten teachers*
- *Primary Grade teachers*
- *After-School program staff*
- *Anyone caring for young children in group settings.*

Tips and ideas for supporting early educators:

- *Preschool directors*
- *Community college instructors*
- *Child care resource & referral staff*
- *Head Start supervisors and specialists*
- *Principals*
- *Behavior and mental health specialists*
- *Special education staff*
- *Anyone providing training to early educators or supporting individual children.*

Linda's engaging workshops introduce a systematic method for examining challenging behavior in group settings as well as the need for understanding and addressing challenging behavior in childcare and education settings. Participants will look at challenging behavior from a different and very useful perspective.

WHAT WILL I LEARN FROM THESE WORKSHOPS?

The basic session, *Understanding Behavior from the Outside In*, will:

- Provide an overview of factors contributing to challenging behavior in young children;
- Systematically examine how external and internal factors impact behavior;
- Examine emotional reactions to challenging behavior;
- Provide strategies and tools that promote and utilize reflective thinking; and
- Outline methods to develop positive behavior plans that are reflective and respectful of the child, family and early educators.

The *Training of Trainers* session will:

- Prepare individuals in the community to support implementation of the concepts and strategies from the book *Children with Challenging Behavior: Strategies for Reflective Thinking* by Brault & Brault

WHY WILL THIS WORKSHOP BE DIFFERENT?

There are many presentations exploring specific intervention techniques, but rarely does a workshop focus on proven tools and resources that will really help you step back, reflect, and shift from an instinctive reaction to a thoughtful and effective response.

Linda provides specific strategies, tools, and resources you can use to engage in reflective thinking when:

- Examining your own emotions about behavior;
- Choosing and implementing intervention strategies; and
- Promoting positive behavior in young children, preschool age through early elementary.

WHAT CAN I EXPECT FROM THESE PRESENTATIONS?

Understanding Behavior from the Outside In

- Understanding Behavior from the Outside In is a dynamic and engaging interactive learning experience that can be adapted to any size group, from 24 to 200.
- This highly interactive session introduces early educators to a systematic method for examining challenging behavior in group environments and provides an introduction to the book *Children with Challenging Behavior: Strategies for Reflective Thinking*, which can be used as an ongoing resource.
- Linda weaves stories from real children and families as well as from her own personal life into the material to bring the concepts to life. By making use of

varying modes of presentation including handouts, small group discussions, visuals, power points, and videos, the session stays vibrant and fresh as important concepts are covered in-depth, including: contributing factors to challenging behavior; who challenges you and why; your own emotional reactions to behavior; why children engage in challenging behavior; reflective tools and techniques; and how to implement these practices successfully in the “real world.”

- Materials include the book *Children with Challenging Behavior: Strategies for Reflective Thinking*, many sample tools, a bibliography, and a PowerPoint™ handout summarizing the ideas being presented.
- Understanding Behavior is best done as a full day (six hours of presentation). Shorter versions may be available for keynotes or part-day presentations.
- An expanded, two-day version is available for those interested in further exploring the development of behavior support plans.

Training of Trainers Workshop

- The Training of Trainers (ToT) workshop prepares individuals in the community to support implementation of the concepts and strategies from the book *Children with Challenging Behavior: Strategies for Reflective Thinking* by Brault & Brault.
- This training is designed for individuals who will either be working within the early care and education settings in ongoing professional development or who work as behavioral health consultants.
- This session goes in-depth about methods to support reflective practice and systematic examination of multiple internal and external factors that influence the behavior of both adults and children. Many unique ideas and expanded activities are taught.
- Materials include a Training of Trainers manual with a CD-ROM containing all handouts and PowerPoint™ slides as well as the book *Children with Challenging Behavior: Strategies for Reflective Thinking*.
- Those attending the ToT Workshop should also have attended the general workshop, *Understanding Behavior*.
- Ideally, this workshop is given for one full day (between 5 and 6 hours). The ToT workshop is best done with a group of 50 or fewer individuals. In addition, those who have been trained may contact the presenter for follow-up support.

Uniting Families Through Positive Parenting

- Uniting Families is a special workshop designed to introduce the concept of positive parenting and prevention of challenging behavior to parents and family members of young children.
- This workshop can provide some common language and compatible approaches between home and school.
- This 75-minute presentation is ideal for parent nights.